

LESSON 7 October 19, 2025

## Connect timeless truths with today's news.

## TWENTY-SEVEN YEARS WITHOUT ALCOHOL

This month marks twenty-seven years of sobriety for actor Jason Isaacs (62), known for his portrayal of Lucius Malfoy in the Harry Potter movies. After twenty years of substance abuse that began in his mid-teens, he managed his first twenty-four hours of sobriety, which he sustained until now. His message to others struggling with alcohol and drug addiction is, "It's possible, if you ask for help. However far gone you think you are, however irreversible you think your situation is, there's always a way back. A way forward. A way back to the surface. Always. Just take the first baby step and surrender."

## **GENERATIONS WITHOUT ALCOHOL**

In Jeremiah's day, there was a clan that had sworn off alcohol because of their ancestor's command. Jonadab the son of Rechab (or Rekab) had instructed all his descendants to not drink, build houses, or plant vineyards or crops. The family honored Jonadab's requests, living as nomads in tents and raising their children not to drink alcohol. When the Lord sent Jeremiah to test this family, they proved to be more faithful to a human tradition than the people of Judah were to God.

- 1. When have you fought to overcome an addiction or another kind of enormous obstacle?
- 2. What's a tradition you honor based upon someone from your past?
- 3. What makes God's instructions different than human instructions?

## **Additional Resources**

Any videos or web materials are for your personal use. If you play any media files in class, be sure to have the necessary rights to do so.

Playlist: Contemporary Worship Weekly

Playlist: Echoes Worship Weekly (featuring African-American music artists)

Playlist: Traditional Worship Weekly

Devotion: Katherine Rohrs, "Be Like the Rekabites"

Podcast: Pitts Evans, "Jeremiah 35: The Example of the Rekabites"