

Prayer Patterns

If you are like many of us, you have found your prayer life to be less than you want it to be. Our prayers often become a “grocery list” or “marching orders” for God—a list of things we want God to accomplish for us. But prayer should be much more!

Daniel’s prayer in Daniel 9 shows a distinct prayer structure that we might want to imitate. Over the years, believers have used some basic prayer patterns to help them keep their prayer priorities in order. Here are some of those prayer patterns (including Daniel’s CRY to God from our lesson). Clip out the one that appeals the most to you and keep it in your Bible or prayer journal to help strengthen your prayer life.

<p>Daniel’s CRY (see Daniel 9)</p> <p>Confession of sins</p> <p>Recognition of God’s holiness</p> <p>Your personal needs</p>	<p>Simply PRAY</p> <p>Praise God</p> <p>Repent of sins</p> <p>Ask for needs to be met</p> <p>Yield your will to God’s</p>
<p>ACTS of prayer</p> <p>Adore God</p> <p>Confess sins</p> <p>Thank God for blessings received</p> <p>Supplication for personal needs</p>	<p>AAA prayer (see Matthew 6:9-13)</p> <p>Acknowledge God’s nature and will</p> <p>Ask for needs to be met</p> <p>Admit personal failings and temptations</p>