



“And now I am no more in the world,
but these are in the world...” (John 17:11).

Use this recent news story to help your students see the relevance
of this week’s lesson from the Standard Lesson Commentary®
or Standard Lesson Quarterly®.

FOCUSED ON TRAINING

Last month, American gymnast Simone Biles became the most decorated gymnastics athlete, male or female, of all time. She dominated the World Championships in Stuttgart, Germany, winning five gold medals in six events. Biles hopes to add to her medal total in the Summer Olympics in Tokyo next year. Observers credit her “laser-like focus on training” as part of what has led to her incredible success.

FOCUSED ON HOLINESS

In his first epistle, Peter wrote to people living under hostile conditions. He urged them to bring some focus of their own onto purity and holy living. He knew the dangers of conforming to the desires they had before they came to faith in Christ. He charged them to focus on living in a holy way because the one who called them to Himself is holy.

1. What’s something you became highly focused on to achieve or attain?
2. Which aspects of your life can steal your focus from holy living, if you’re not careful?
3. Who do you know whose focus on purity or holy living has been an inspiration or a challenge to you, and why?

Additional Resources

These videos and materials are for your personal use. If you show videos in class, be sure to have the necessary rights to do so.

Music Video, Traditional: [“A Mighty Fortress Is Our God”](#)

Music Video, Multicultural: [“Journal” by Casey J](#)

Music Video, Contemporary: [“I Don’t Have Much” by Mission House](#)

[Guzik’s Commentary on 1 Peter 1](#)

[Barnes’ Commentary on 1 Peter 1](#)

[Commentary on 1 Peter](#)

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