

Connect timeless truths with today's news.

HUMAN FORGIVENESS

Last week were the annual Grammy Awards. Secular musician Grace Potter was nominated in two categories. One song from her most recent album is called "Release" and is about forgiveness. The lyrics speak about how she's losing someone, perhaps herself, from resentment. "Back when I first wrote a piece of the chorus," Potter said, "I didn't really know what forgiveness would feel like because I wasn't there yet." But over time, she came to understand "that forgiveness is the most beautiful feeling you can have; to really go through the cathartic, angry and overwhelming emotions that grief or loss can bring on" and find release.

DIVINE FORGIVENESS

Through the prophetess Huldah, God had proclaimed disaster upon Jerusalem because the people had turned to idols. But the current ruler of Judah, King Josiah, was deeply grieved over the nation's behaviors and the coming judgment from God. He tore his robes and wept before the Lord in confession, and God was pleased. Huldah gave instructions that Josiah should be told that the judgment had been delayed until after the king's death. His humility before God brought a release and a reprieve to the whole nation.

1. What song, fictional story, or poem has ever moved you to release bitterness?
2. When have you witnessed someone give authentic confession of wrongdoing?
3. Who benefits the most from forgiveness?

Get unlimited access to "Unpacking This Week's Lesson" podcast when you sign up for our Church Support Program: <https://churchsupport.davidcook.org/>.

Additional Resources

These videos and materials are for your personal use. If you show videos in class, be sure to have the necessary rights to do so.

Music Video, Traditional: ["This Little Light of Mine" by the Oak Ridge Boys](#)

Music Video, Multicultural: ["Every Praise" by Freddy Washington](#)

Music Video, Contemporary: ["Everlasting Arms" by Lou Fellingham](#)

[Guzik's Commentary on 2 Kings 22](#)

[Bensen Commentary on 2 Kings 22](#)

[Keil and Delitzsch Commentary on 2 Kings 22](#)