

Connect timeless truths with today's news.

IMMORTAL CELLS

People have been trying to defy death for millennia before Ponce de León searched for the Fountain of Youth. In more recent years, scientists have explored “cell death” in the bodies of mammals, and last month, researchers discovered how to accelerate, decelerate, and even reverse aging in mouse cells. They learned how to tell the *epigenome* (the part of the DNA system that gives cells their instructions) to erase the corrupted instructions that had been causing cell death. The researchers have hopes that further work will show potential in healing a host of diseases—including chronic heart disease and even neurodegenerative disorders such as Alzheimer's. “It's no longer a question of if rejuvenation is possible,” says David Sinclair, professor of genetics in the Blavatnik Institute at Harvard Medical School, “but a question of when.”

IMMORTAL SOULS

In today's passage, the Apostle Paul urged Timothy, his protégé, to fan into flame the spiritual gift that was in him. Timothy had the responsibility and the honor of proclaiming the message that Jesus Christ had abolished death and brought immortality to light. Timothy needed to leave his natural timidity behind and guard the good thing that Christ had deposited into him and given him the grace to use in his service.

1. If science developed the ability to hold off death indefinitely, why (or why not) would you be interested?
2. What advantages and disadvantages would there be in prolonging earthly life indefinitely?
3. When have you had to leave behind some natural tendency of your own to follow the Lord?

Additional Resources

These videos and materials are for your personal use. If you show videos in class, be sure to have the necessary rights to do so.

Music Video, Traditional: [“How Great Our God's Majestic Name”](#)

Music Video, Multicultural: [“Fighting for My Heart” by Songs from the Soil](#)

Music Video, Contemporary: [“Fighting for My Heart” by Songs from the Soil](#)

[Guzik's Commentary on 2 Timothy 1](#)

[Matthew Henry's Commentary on 2 Timothy 1](#)

[JFB Commentary on 2 Timothy 1](#)